

Residence

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Pharmacy Experts

Q: What is a medication review done by a pharmacist?

A: With the increasing rise of chronic medical conditions in the elderly comes an increase in the taking of multiple medications or polypharmacy. A recent study found that patients aged 60 to 79 years fill, on average, 35 prescriptions per year. Patients who are over the age of 80 see this number increase to 74 prescriptions annually. The risk for potential drug reactions is very high in these groups. Another study found that 25% of patients aged 65 and over who were admitted into hospital with an acute illness had an adverse drug reaction. In this group, 67% of these patients admitted to hospital, the adverse drug reaction was deemed to be the cause or contributing cause of their admission. Many of these reactions were deemed to be avoidable or potentially avoidable. With our aging population demographics, safer prescribing and effective medication management are imperative. Regular medication reviews done by a pharmacist is one of ways to achieve this goal and to avoid potential drug-related complications. **For more information please contact me for your personal medication review appointment.**



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Naturopathic Medicine